

Stop The Hate

Social-emotional learning, prevention and youth-led change

Recommended for ages 7-25 | Schools, youth programs and community organizations

PROGRAM OVERVIEW

Stop The Hate is Victims2Victory's signature interactive program. Trained facilitators use discussion, role play, reflection and creative production to help young people understand bullying, abuse, addiction, mental health, gun violence and the impact of their choices. The curriculum is trauma-aware, age-adjusted and designed to strengthen self-awareness without forcing personal disclosure.

PARTICIPANTS WILL

- Recognize triggers, emotions and behavioral patterns.
- Practice focus, engagement, reflection and self-management.
- Distinguish healthy support from unsafe or harmful dynamics.
- Develop confidence, accountability and help-seeking skills.
- Translate learning into a youth-created performance or community message.

RECOMMENDED INVESTMENT

ENGAGEMENT	INVESTMENT
Single 60-90 minute assembly or workshop	\$1,000
Half-day intensive, up to 3 hours	\$1,500
Full-day intensive, up to 6 hours	\$2,500

ENGAGEMENT	INVESTMENT
Six-week residency, one session weekly	\$7,500
Signature 12-week residency	\$12,500

Pricing is designed for schools, nonprofits and community partners. Travel outside New York City or southern New Hampshire, specialized equipment, venue rental and unusually large cohorts are quoted separately. Limited sponsor-supported rates may be available.

A practical sequence that can be adapted to the age group, setting and needs identified during intake.

WEEK	FOCUS	LEARNING & PRACTICE
1	Safety, trust and shared language	Community agreements, strengths inventory and confidential ways to participate.
2	Identity and self-awareness	Values, identity, emotion vocabulary and recognizing personal signals.
3	Bullying and belonging	Power, bystander choices, digital behavior and restorative responses.
4	Mental health and help-seeking	Stress, depression, coping tools, trusted adults and crisis escalation.
5	Abuse, consent and boundaries	Age-appropriate boundaries, consent, grooming awareness and reporting support.
6	Addiction and risky behavior	Pressure, substance-use risk, habit loops and protective decisions.
7	Conflict and gun violence prevention	De-escalation, consequences, grief and community safety.
8	Healthy relationships	Respect, communication, red flags and peer accountability.
9	Self-management	Pause tools, planning, discipline and recovering after a mistake.
10	Story and message development	Turn research and reflection into scenes, spoken word or campaign concepts.
11	Rehearsal and leadership	Collaboration, feedback, production roles and presentation readiness.

WEEK	FOCUS	LEARNING & PRACTICE
12	Showcase and action plan	Youth-led presentation, reflection, resources and next-step commitments.

WHAT IS INCLUDED

- Discovery and needs assessment
- Facilitator guide and participant materials
- Age-appropriate activities and reflection tools
- Pre/post participant feedback
- Partner debrief and next-step recommendations
- Optional final showcase planning for residencies

NEXT STEP

Schedule a discovery conversation so we can confirm goals, group size, dates, accommodations and the best program format.

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